

**Ingredients Nutrition**  
**Pineapple Upside Down Cake**

**Pine Apple Upside Down Cake: Yellow Cake Mix** Bakers Plus (sugar, enriched flour bleached [wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid] partially hydrogenated soybean oil, egg white, nonfat milk, egg yolk, leavening [baking soda, sodium aluminum phosphate, monocalcium phosphate], propylene glycol mono and diesters of fatty acids, dextrose, modified tapioca starch, mono and diglycerides, salt sorbitan monostearate, maltodextrin, tetrasodium pyrophosphate, xanthan gum, sodium stearoyl gum, artificial flavor, yellow 5 and red 40, soy flour.), **Water, Pineapple, Apricot, Corn Syrup, Butter, Soybean Oil, Maraschino Cherries, Citric Acid, Natural Flavoring.**

<b>Nutrition Facts</b>	
Serving Size 181 g	
Servings per Container 1	
<b>Amount per Serving</b>	
<b>Calories</b> 450	Calories from Fat 140
<b>% Daily Value*</b>	
<b>Total Fat</b> 16g	<b>24%</b>
Saturated Fat 6g	<b>28%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 20mg	<b>6%</b>
<b>Sodium</b> 430mg	<b>18%</b>
<b>Total Carbohydrate</b> 77g	<b>26%</b>
Dietary Fiber 1g	<b>5%</b>
Sugars 47g	
<b>Protein</b> 3g	
Vitamin A 4%	• Vitamin C 25%
Calcium 6%	• Iron 8%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 • Carbohydrates 4 • Protein 4	