

Ingredients and Nutrition
No Bake Cookies – Chocolate

Chocolate NO Bake Cookies: Sugar, Oats, Peanut Butter (peanuts, sugar, hydrogenated vegetable oil, salt, molasses, monoglycerides), **Milk, Butter, Cocoa, Salt, Vanilla Extract.**

Nutrition Facts			
Serving Size 70 g			
Servings per Container 1			
Amount per Serving			
Calories	280	Calories from Fat	100
% Daily Value*			
Total Fat	12g		18 %
Saturated Fat	5g		25 %
Trans Fat	0g		
Cholesterol	20mg		6 %
Sodium	60mg		3 %
Total Carbohydrate	40g		13 %
Dietary Fiber	3g		13 %
Sugars	28g		
Protein	5g		
Vitamin A	6 %	•	Vitamin C 0 %
Calcium	2 %	•	Iron 6 %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
	Fat	9	• Carbohydrates 4 • Protein 4